

## Sunset Ridge Middle Prevention Plan 2022-23

### Our school's mission is to:

Our mission is to help ALL students develop the knowledge and skills needed to succeed, whatever path they may choose. As well as, provide a safe, nurturing environment for ALL so that learning opportunities are optimal. We have high expectations for learning for all students in our NEST.

### Prevention Plan Overview

If possible, insert a paragraph describing broad prevention efforts in the school

Our school prioritizes prevention by offering support and services to our students and their families. Some of our everyday efforts, the systems and strategies for supporting our students are listed below:

- Insert your bulleted list of overarching efforts that were identified in the information gathering stage
  - PBIS System- School Store, talon points (in HERO App)
    - PBIS - Procision Commands, Think it Over (Think Time)
  - Peer mentoring (Flight Crew, Hope Squad)
  - Second Step
  - 7th grade scheduled in Teams/cohorts
  - Offer Self-Care tips to faculty and community members once a week
  - Student/Teacher recognitions
  - Teacher Advisory
  - Falcon Success Center
    - Credit Recovery and intervention
    - Counselors are intentional with a cohort of 8th grade students and monitored academics in at-risk students 2021-22.
- Our school uses Panorama data management to identify students in need of additional support.
- Our school provides access to District mental health and support resources through Student Services which includes the Jordan Family Education Center and Mental Health Access Program.
- Our school provides access to academic support with District departments to support the success of every student.
- Our school's mental health providers (school counselors, school psychologists, or clinical support) are trained and supported by District administration to follow current best practices in prevention and intervention efforts.
- Our school intervenes with early warning, content monitoring, and anonymous reporting tools with support from District specialists to identify and support students who may be at risk.
- Our school provides access to parent and family resources including a District partnership with the Cook Center for Human Connection, evening parent seminars, and classes through the Jordan Family Education Center.

## **Suicide Prevention Plan**

- Our school’s mental health providers and administrators are trained on and review District suicide risk intervention guidelines annually with support from Jordan District’s Student Services Team.
- Insert any other training or review of suicide risk intervention for staff or students. If possible, briefly describe how/when
  - a. Counselors teach suicide prevention to all grades in the Fall.
  - b. Hope Squad
    - i. Spirit of Hope Week
    - ii. SafeUT cards handed out
    - iii. Stand outside and hold signs of encouragement as students leave for a long period of time.
  - c. QPR training for the staff and Community
- All of our school’s licensed staff participate in suicide prevention training for their license renewal
- Students identified who may be at risk of suicide receive interventions and support appropriate to their individual needs which may include a screening interview (CSSR-S), parent/guardian contact, a safety plan, mental health recommendations/referrals (JFEC, MHAP, etc.), a re-entry meeting, and regular follow-up.
- Insert any other efforts to promote help-seeking or develop coping skills for students
  - a. Second Step Lessons
  - b. Emphasize the importance of counseling center
  - c. QR codes posted around the school to reach out to a counselor

## **Bullying, Harassment, and Discrimination Prevention Plan**

- Our school team proactively reviews relevant data on school climate, safety, and bullying by identifying vulnerable populations (e.g., racial and ethnic groups, LGBTQ youth, students with disabilities) and specific spaces where bullying may be likely to plan supports accordingly.
- Our school’s staff is trained on school procedures for recognizing, reporting (SafeUT, content monitoring, etc.), and responding to bullying incidents. If possible, briefly describe how/when
  - Admin has been trained on AS94 and AS96 which address Bullying and Harassment
    - Reviewed once a semester
  - Restorative practice PD and readings with staff
- Our school staff documents incidents in Skyward according to State requirements.
- Students involved in incidents of bullying as targets, aggressors, or witnesses receive support for their individual needs which may include suicide risk assessments, counseling and mental health services (i.e. school mental health team, JFEC, MHAP), Functional Behavior Assessment (FBA), Behavior Intervention Plan (BIP), a student wellness plan and/or parent/guardian contact—recognizing that targets, aggressors, and witnesses of bullying are more susceptible to school problems.
- Insert any additional opportunities to develop social and emotional skills (i.e. respect, empathy, conflict resolution, kindness, assertiveness, etc.), build a sense of community, and resolve conflicts peacefully.
  - Restorative Practices
    - Conflict resolutions (Peer mediation)
    - Circles

- Inclusion Clubs (i.e Prism, LIA, Anime, Coding, book whisperers, ASL, Film making, esports, podcast)
- Second Step Lessons
- Assemblies that build camaraderie, friendship, and culture
  - Spirit Bowl
- Counseling Center
  - Mindful rooms created for teens and adults
- PD at the beginning of year by the Health and Wellness Team (Angie Rasmussen) on Anti-bullying.

## **Violence Prevention Plan**

- Our school’s administrators are trained on the Comprehensive School Threat Assessment Guidelines (C-STAG), along with other members of our school’s threat assessment team which includes:
- Our school has a process for timely response to school threats using Comprehensive School Threat Assessment Guidelines (C-STAG) and its decision tree. This includes warning potential victims and their parents/guardians.
- Our school’s staff and students are aware of school procedures for recognizing and reporting (SafeUT, content monitoring etc.) threats of violence. If possible, briefly describe how/when
- Students who are affected by or who make threats of violence receive interventions and support appropriate to their individual needs which may include problem solving, C-STAG interviews, suicide risk assessments, Functional Behavior Assessment (FBA), Restorative Conferencing, Mediation, a Behavior Intervention Plan (BIP), counseling and mental health services (i.e. school mental health team, JFEC, MHAP) a student wellness plan and/or parent contact.
- Insert any additional **opportunities students have to develop social and emotional skills** (i.e. respect, empathy, conflict resolution, kindness, assertiveness, etc.), build a sense of community, and resolve conflicts peacefully.

## **Additional Strategies**

**Put all the other good stuff here that is “extra” - e.g. red ribbon weeks, PTA events, community building/outreach, etc.**

- **PTA Ribbon Weeks (Red, White and Green)**
- **Food Drive**
- **NJHS Service project**
- **PTA involvement**
- **SCC involvement**

This prevention plan has been created following Jordan District guidelines, which can be reviewed at [wellness.jordandistrict.org](http://wellness.jordandistrict.org).

## Future Plans & Ideas

Put any reasonable, actionable ideas down here for future planning & ongoing growth

- Falcon Traits (Behavior expectations clearly posted throughout the building)
- Parent Universities
  - Indie Flicks 1 hour each (Race to be Human, Like (Social Media), Angst (Anxiety), Upstander (Anti-bullying),
    - Consider members of JEAC or student leaders preview
- Develop a Diversity, Inclusion and Equity Team (committee) at the school
  - Culture Assembly, Culture Night
    - Different Ethnic Backgrounds showcase attire and dances from their countries
- Digital Citizenship emphasis (PD for teachers and students)
- Use TSSA and Trust Lands funds to support our ELL population
- Infusing SEL strategies into and throughout each content.
- Be clear on the expectations of the SEL Lessons
  - Provide PD for teachers to support them and have it lead to more effectiveness
- Be intentional about the plan for Self-Care
- Be intentional about positivity and engagement in the classrooms and hallways
- Be intentional about positive reinforcement